

In this December issue newsletter you will see we have been very busy researching and developing our web site. Also there is now more and more scientific evidence showing the damaging effects of EMFs on our health. Finally there are a few gift ideas for Xmas.

EMF's really do damage our health.

You will have noticed in our previous newsletters that we felt strongly enough about the effect of EMF's when using the Aura cleanser that we started to supply a cost effective EMF detector.

Well, here is a small extract from Biologist Vol 54 No 3, August 2007 (the journal for members of the Institute of Biology) which illustrates the point perfectly.



"Another and more controversial research strand was how the pineal reacted to weak electromagnetic fields and radiation. It was known that the pineal only synthesizes melatonin in response to signals from the suprachiasmatic nuclei (SCN), situated where the optic nerves from each eye cross during their route to the occipital lobes at the rear of the brain.

In daylight these signals act to suppress melatonin synthesis, so it is only synthesized during the hours of darkness, normally peaking at around one o'clock in the morning. A few scientists have speculated that since electricity is relatively novel on the planet, perhaps the pineal was not programmed by evolution to distinguish between natural light and EMFs (electromagnetic frequencies), so melatonin synthesis was also inhibited by exposure to artificial electromagnetic sources and light at night.

This hypothesis was recently confirmed by a jointly-conducted cross-over study of 115 women, aged on average around 30 years, in the Seattle area at Fred Hutchinson Cancer Center, University of Washington, and University of Southern California (Davis et al, 2006). Participants were exposed every night for a month to a pillowplace magnetic field 5-10mG higher than ambient, and urine was collected during and after the exposure period.

Their rather crude EMF exposure system consisted simply of the base of an electric toothbrush placed under the bed. This meant that extremely low frequency (ELF) electric fields were generated, although the electric component was not measured. Nevertheless, on average the exposed women had 1.2ng/ml less melatonin metabolites in their urine than controls if ovulating and 5.5ng/ml if not ovulating. In their conclusions the authors pointed out that melatonin administration has repeatedly been shown to inhibit the growth of human breast tumor cells *in vitro* and that patients with breast cancer showed decreased melatonin levels".



So if you don't know what all that means, put simply EMF destroys the ability of the Pineal gland to produce the hormone Melatonin, a vital hormone responsible for a whole host of health issues from vitaligo to breast cancer.

To illustrate this further one of Chris' patients suffered from vitaligo exactly where he held his mobile phone and melatonin has been demonstrated to be hugely important in the preventing of Vitaligo.

Colloidal Silver Gel. New Enriched Formulation.

Several customers have requested thicker Colloidal Silver Gel. We have experimented and found a way to double the thickness without compromising its effectiveness. We have also managed keep the price the same.



Please note this picture shows a clear glass jar, we actually supply CS gel in brown jars.

Cold Sores.



Several customers have reported that if you put CS Gel on to a cold sore as soon as you feel the familiar tingle before it appears, the sore disappears within 24 to 48 hours. Try it - let us know how you get on. It also works well on **Mouth Ulcers**

CS Gel worked on wound.

An elderly lady had an open wound at the top of her hip operation scar. She applied the gel at 2.00pm and by bedtime the wound had closed up. She continued to use it twice per day and the wound healed up completely with no signs of infection.

Becks Training Day Oct 2007

The Becks Training day went really well. The October event was held in Chris Hyslop's Clinic room - see picture.

Everyone had a great day and learned how to use the Becks protocol and we were amazed to see a half pint glass of Golden Colloidal silver produced in just 30 mins.



This part of the day was videoed and it is hoped that a small 10min section that will go on to U tube in the near future showing how to make yellow colloidal silver

More training days are being planned for next year probably in April and October. We have also had a request to do one in the North of England, probably Manchester. However, to make this day possible it will be necessary to have a minimum of 6 people attending. So, if you live in the North of England and would like a Becks training day in Manchester, please get in touch so we can put you on the list.

As yet you may have noticed that we have not put a list of attendees on our web site. This will be done in the near future. We will put names and city locations on the site. If you are interested in meeting a person on the list, please contact us and we will arrange for them to contact you.

Basically the Becks Zapper will help to kill off all foreign organisms in your blood. If you have a chronic disease more often than not you will feel better after a course of Becks Zapping. If you have any queries about this please do not hesitate to contact us on 01293 446244. We have also produced a '**Simple Guide to the Becks Protocol**' booklet, which will lead you through the Protocol from the history of its development through to how to get the maximum benefit out of Colloidal Silver and Ozonated Water.

About Dust Mites

What Are Mites?

Mites are microscopical spiders the size of 200u. In particular, *Dermatophagoides pteronyssinus* and *Dermatophagoides farinae*, living in house dust, and they are important agents responsible for allergic disorders.



These mites live in house dust and in bed components (like mattresses and pillows), feeding on epithelial dander.

A temperature of 18-21 degrees C and 65% -70% relative humidity present the best conditions for their growth. They live between 2-4 months, each female producing 20-50 eggs

Allergic disorders due to house dust mites.

Mites are the main responsible agents for perennial allergic disorders, such as rhinitis and bronchial asthma.

The patients suffering are normally allergic to fecal pellet of mites, that is rich in allergens (

After having identified mites as the cause of the allergic disease of the patient, the treatment is mainly based on avoidance of mites and on specific immunotherapy.

The elimination of mites (or the reduction of their numbers) is the procedure to follow in any case.

BIG CLUE IF YOU HAVE A PROBLEM. If you go to bed with a clear nose but always wake in the morning with a blocked nose then it is highly likely you have a dust mite problem.

So here is what to do.

1. Throw out any old pillows and buy new ones.
2. Put the Dust Mite controller on your bedside table. We have tested it for EMF emissions and there are none detectable.

The Drontek DustMite Controller works by emitting a complicated range of acoustic ultrasonic sounds (not heard by humans or pets). These sounds interfere with the feeding and reproductive cycles of the dust mite, immediately reducing the amount of allergens produced by the dust mite (faecal matter) and over a period cause the population of mites to decrease rather than increase.

Testimonial

My two children have suffered from asthma for years. On my doctor's advice, I removed carpets and soft toys but there was still very little change. 4 months ago I bought the Drontek Dust Mite controller for my older daughter and on seeing great results from her I bought another one for my other daughter's room and again I have seen great results - I cannot praise your product enough I am delighted.

This is such a simple and effective approach. We have seen great such results with it preventing recurrence of dust mite infestation, that we highly recommend it.

Product code. 7010 Cost £39.95 plus shipping.





Xmas Gift ideas.



Yes its the time of year when we all struggle with what to get for Christmas, well here are a few unusual ideas. Have a great break.



EMF Detector Code 7005 £39.95

This is a very simple device to use and will detect EMF from all household objects.



i Lift Gel. Code 5540 £14.99

This safe preservative product gives the effect of an instant face lift. The effect can last up to 7 hours.



D101 New enriched formula Code 5222 £15.50



We have enriched the formula with better sources of the active ingredients, for even better results.

Sleepy Cream Code 5535 £4.95

This is the perfect Xmas gift, everyone loves the smell of Sleepy Cream and it has a rich texture. Great for all ages.



Dust Mite Controller Code 7010 £39.95

This is a new product in our range. But if you suffer from dust mite allergy you will find it gives you permanent lasting relief.

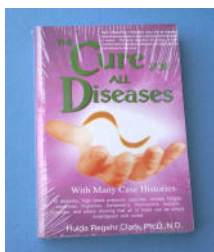


Homeopathic Detox Kit code 8001 £8.99

Great for the effects of excess. A great idea for the New Year too.



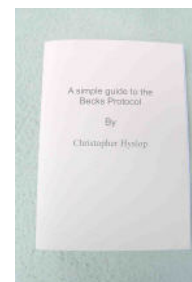
The Cure For All Disease by Hulda Clark Code 5211 £15.45



This book is the essential guide for using the Clark Zapper, with lots of information about toxins in our environment.

Becks Protocol guide Code 5031 £6.00

This is a simple and easy read. Gives you helpful hints on how to make to make Golden Colloidal Silver.



Postal Costs.

A little while ago the Post Office introduced new postal charges for letters and small packets which are quite complex. Costs are now calculated mainly by weight so sometimes the cost for sending two items is just slightly more than for one item. Call for information on shipping, or go on line at www.goodvitality.com and our e-shop will calculate the costs for you.